

# *Lite & Fit*

## *Corporate Event Menu*

### **Appetizers**

Grilled Vegetables and Sun Dried Tomato Couscous Platter  
Tomato and Red Onion Salad with Basil and Balsamic Vinaigrette  
Traditional Garden Salad with Carrots, Cucumbers, Grape Tomatoes and Red Wine Vinaigrette

### **Entrées**

Chicken with Peppers, Mushrooms, Olives and Saffron Rice Pilaf  
Gluten Free Pesto Pasta with Pine Nuts, Oven Dried Tomatoes, Broccoli and Roasted Red Peppers  
Pineapple Vermouth Poached Salmon with Israeli Couscous and Pomegranate Glaze  
Zucchini and Yellow Squash Provençal

### **Desserts**

Sliced Fresh Fruit  
Sugar Free Strawberry Gelatin  
Oatmeal Cookies

Coffee, Tea & Decaf

prices are per person

*(Minimum 20 Guests)*

All prices are subject to NJ sales tax and 19% service charge