Lite & Fit Corporate Event Menu

Appetizers

Grilled Vegetables and Sun Dried Tomato Couscous Platter

Tomato and Red Onion Salad with Basil and Balsamic Vinaigrette

Traditional Garden Salad with Carrots, Cucumbers, Grape Tomatoes and Red Wine Vinaigrette

Entrées

Chicken with Peppers, Mushrooms, Olives and Saffron Rice Pilaf
Gluten Free Pesto Pasta with Pine Nuts, Oven Dried Tomatoes, Broccoli and Roasted Red Peppers
Pineapple Vermouth Poached Salmon with Israeli Couscous and Pomegranate Glaze
Zucchini and Yellow Squash Provençal

Desserts

Sliced Fresh Fruit
Sugar Free Strawberry Gelatin
Oatmeal Cookies

Coffee, Tea & Decaf

(Minimum 20 Guests)

OYSTER POINT

HOTEL

2017

